

SETH SCOTT, PHD, NCC, LPC, LPC-S

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EDUCATION

Walden University, Minneapolis, MN PhD in Counselor Education & Supervision, CACREP-accredited Specialization emphasis in Program Evaluation & Leadership; Honors: 4.0	2018
Regent University, Virginia Beach, VA MA in Community Counseling, CACREP-accredited Honors: Cum Laude	2007
Emmaus Bible College, Dubuque, IA BS in Intercultural Studies & Biblical Studies Honors: Cum Laude	2004

PROFESSIONAL LICENSES, MEMBERSHIPS AND AWARDS

Licensed Professional Counselor – Supervisor, State of South Carolina	2019-current
Licensed Professional Counselor, State of South Carolina	2019-current
Licensed Mental Health Counselor, State of Iowa	2012-2020
Licensed Clinical Professional Counselor, State of Maine	2010-2013
Certified Alcohol and Drug Counselor, State of Maine	2010-inactive
Member, Omega Zeta chapter of Chi Sigma Iota Honor Society	2016-current
Member, American Counseling Association & Association for Counselor Education and Supervision	2015-current
Member, Christian Association for Psychological Studies	2014-current
Member, American Association of Christian Counselors	2009-2017
Certified Instructor, Association for Biblical Higher Education	2015
Who's Who Among Students in Colleges and Universities	2007
National Certified Counselor, National Board for Certified Counselors, Inc.	2007-current

PROFESSIONAL EXPERIENCE

Associate Professor of Clinical Counseling, Columbia International University, Columbia, SC Associate Director of Chinese Clinical Counseling & Program Director of PhD in CES Teach in graduate clinical counseling program, providing course instruction, course development, and academic advising. CNS 5410 Research, Statistics, and Evaluation CNS 5420 Psychopathology CNS 6310 Human Growth & Development CNS 5075 Multicultural Counseling CNS 6430 Assessment CNS 6810 Career Development CNS 6620 Treating PTSD, Acute Stress, Grief, & Trauma CNS 5305 Applied Biblical Foundations of Counseling	2019-current
Board Member, Equip Ministries Uganda, Uganda Provide accountability, oversight, support, and decision-making input for Equip Ministries Uganda (EMU) international mission organization in Uganda serving the local population with church planting, education, savings account training, and life-skills support.	2021-current

Professor of Counseling Psychology, Emmaus Bible College, Dubuque, Iowa 2012-2019

Taught as full Professor in the Counseling Psychology major. Director of Clinical Field Experience with undergraduate students' internships, coordinating with students and sites regarding supervision, training, and experiences. Provided academic advising to students within the program. Chair the Faculty Development Committee, member of Assessment Review Council, and oversaw training and certification as a Certified Instructor in CPI's Non-Violent Crisis Intervention.

COU 121 Counseling Foundations
 PSY 211 Developmental Psychology
 PSY 212 Psychological Theories and Applications 1
 COU 221 Marital and Family Therapy
 PSY 311 Abnormal Psychology
 COU 422 Addictive Behaviors
 COU 423 Counseling Psychology Internship

Adjunct Faculty, Moody Theological Seminary, Moody Bible Institute, Chicago, IL 2017-current

Developed course and provided instruction as an adjunct faculty for the graduate Clinical Mental Health Counseling program intensive hybrid course.

CMHC 6661 PTSD, Acute Stress, and Trauma
 CMHC 6664 Trauma Assessment & Interventions: Skills and Techniques

Teaching Assistant, Walden University, Minneapolis, Minnesota Fall 2017

Interaction, grading, and instruction as a teaching assistant in the Online Clinical Mental Health Counseling program.

COUN-6250-7 Group Process and Dynamics
 COUN-6722-11 Counseling & Psychotherapy Theories
 COUN-6723-10 & 11 Multicultural Counseling

Therapist & Supervisor, Sunrise Counseling, Columbia, SC 2019-current

Manage private practice counseling in the community providing therapy and supervision with practice emphases with adolescents, young adults, and marriage counseling.

Clinical Supervisor, Life Connections, Dubuque, Iowa 2017-2019

Administer clinical supervision to post-graduate, temporarily-Licensed mental health counselors. Also provided clinical mental health counseling and supervision as an intern during doctoral internships.

Therapist, Private Practice, Dubuque, Iowa 2012 – 2019

Provide part-time counseling in the community for marriage, addiction, and individual counseling.

Executive Director, Higher Ground Christian Counseling Ministries (501c3), Kittery, Maine 2009-2012

Provided oversight, direction, and administrative support to the ministry as Executive Director and therapist. Supervised clinical internship of Masters Student in counseling and collaboration and integration with churches and community.

Clinician, Counseling Services, Inc., Kittery, Maine 2007-2011

Provided crisis stabilization, intensive in-home individual and family therapy to clients experiencing acute mental health and behavioral issues through team approach, with close interaction and collaboration between team members. Supervised case workers and interns in the field. Also provided individual outpatient therapy to children and adults and completed intake screening and assessments.

PUBLICATIONS AND SEMINARS

Academic Publications:

- Loosemore, P., Jones, A., & Scott, S. (2022). Preliminary development of an emic measure of Christian Counselor Mentoring Experience. *Journal of Psychology & Christianity*, 41(1), 56-68.
- Scott, S. L. (2021, January 7). Your focus determines your direction with Dr. Seth Scott. <https://lisamustard.com/the-therapy-show/63-your-focus-determines-your-direction-with-dr-seth-scott/>
- Scott, S. L. (Summer 2021). Teaching emotional regulation: Using a reservoir and dam analogy for skill-building in therapy. *Georgia Journal of Professional Counseling*, 18(1), 2-28.
<https://www.lpcaga.org/assets/2021%20Completed%20Journal.pdf>
- Scott, S. L. (2020, November 12). Adolescent mental health in 2020. *Ben Lippen School Podcast in Student Care*.
<https://www.benlippen.com/spiritual-life/student-care/#AdolescentMentalHealth>
- Scott, S. L. (2020). Balancing Discipleship and Gatekeeping in Counselor Education. *Journal of Psychology & Christianity*, 39(2).
- Scott, S. L. (2019). Proclaiming Hope: The Critical Role for Faith-Based Schools in Counselor Education. *Journal of Psychology & Christianity*, 38(2). 112-119.
- Scott, S. (2019). Students who succeed in college. In Emmaus Bible College's (Ed.) *College choice: A case for Christian higher education*, pp. 20-22. Dubuque, IA: Emmaus Bible College.
- Scott, S. L. (2018). Fractured therapists: the consequences of disintegrated functioning in faith and practice. *Journal of Psychology & Christianity*, 37(4), 305-312.
- Scott, S. L. (2018). The Necessity of Faculty Professional Identity for Students' Spiritual Formation. *The Biblical Higher Education Journal*, XIV, 101-113.
- Scott, S. L. (2018). *Academic role and professional identity development in counselor education* (Order No. 10841313). Available from ProQuest Dissertations & Theses Global. (2087776464). Retrieved from <https://scholarworks.waldenu.edu/cgi/viewcontent.cgi?article=6869&context=dissertations>

Popular-Level Publications:

- Scott, S. L. (2023, February 2). False connections through gossip. *Crosswalk.com*. <https://www.crosswalk.com/faith/spiritual-life/false-connections-through-gossip.html>
- Scott, S. L. (2022, October 29). Freedom through discipline. *Crosswalk.com*.
<https://www.crosswalk.com/devotionals/crosswalk-devo/freedom-through-discipline-the-crosswalk-devotional.html>
- Scott, S. L. (2022, August 25). How should we prioritize loving God, loving others, and loving ourselves? *Crosswalk.com*
<https://www.crosswalk.com/faith/spiritual-life/how-should-we-prioritize-loving-god-loving-others-and-loving-ourselves.html>
- Scott, S. L. (2022, February 17). Should we be using terms like 'Food porn' or 'addict' to describe good things? *Crosswalk.com*
<https://www.crosswalk.com/faith/spiritual-life/should-we-be-using-negative-terms-to-describe-good-things.html>
- Scott, S. L. (2022, February 14). Why did Jesus ask 'Simon, do you love me?' three times? *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/why-did-jesus-ask-simon-do-you-love-me-three-times.html>
- Scott, S. L. (2022, January 25). What do sackcloth and ashes signify in the Bible? *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/what-do-sackcloth-and-ashes-signify-in-the-bible.html>
- Scott, S. L. (2021, August 27). Is smoking a sin? *Crosswalk.com*. <https://www.crosswalk.com/faith/spiritual-life/is-smoking-a-sin.html>
- Scott, S. L. (2021, August 23). How to forgive yourself after falling into sin. *Crosswalk.com*
<https://www.crosswalk.com/faith/spiritual-life/how-to-forgive-yourself-after-falling-into-sin.html>
- Scott, S. L. (2021, August 20). Why did God allow polygamy? *Crosswalk.com*. <https://www.crosswalk.com/faith/bible-study/why-did-god-allow-polygamy-in-the-bible.html>
- Scott, S. L. (2021, July 28). What Simone Biles' choice shows us about the importance of mental health. *Crosswalk.com*.
<https://www.crosswalk.com/special-coverage/summer-olympics/what-simone-biles-choice-shows-us-about-the-importance-of-mental-health.html>
- Scott, S. L. (2021, July 23). Does God care about my weight?. *Crosswalk.com*. <https://www.crosswalk.com/faith/spiritual-life/does-god-care-about-my-weight.html>
- Scott, S. L. (2021, June 29). 5 reasons you should do a social media fast. *Crosswalk.com*.
<https://www.crosswalk.com/faith/spiritual-life/reasons-you-should-do-a-social-media-fast.html>

- Scott, S. L. (2021, June 11). 3 lessons we can learn from the story of Jairus's daughter. *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/lessons-we-can-learn-from-the-story-of-jairus-daughter.html>
- Scott, S. L. (2021, June 10). Should Christians use psychiatrists?. *Crosswalk.com*. <https://www.crosswalk.com/faith/spiritual-life/should-christians-use-psychiatrists.html>
- Scott, S. L. (2021, March 30). What does it mean to be a 'Double-minded man' in James 1:8?. *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/what-does-it-mean-to-be-a-double-minded-man.html>
- Scott, S. L. (2021, March 25). Where can we find hope if 'All is vanity' according to Ecclesiastes?. *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/where-can-we-find-hope-if-all-is-vanity-according-to-ecclesiastes.html>
- Scott, S. L. (2021, February 24). What did Jesus really mean by 'Judge not, that you be not judged?' *Christianity.com*.
<https://www.christianity.com/wiki/bible/what-did-jesus-mean-by-judge-not-that-you-be-not-judged.html>
- Scott, S. L. (2021, January 27). How can I be 'Anxious for nothing' as Philippians 4:6 says?. *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/how-can-i-be-anxious-for-nothing.html>
- Scott, S. L. (2021, January 11). Experts weigh in on current job market trends. In *Zippia: The career expert teacher counselor job trends* at <https://www.zippia.com/teacher-counselor-jobs/trends/>
- Scott, S. L. (2020, December 11). What does the Bible say about mental health?. *Crosswalk.com*.
<https://www.crosswalk.com/faith/spiritual-life/what-does-the-bible-say-about-mental-health.html>
- Scott, S. L. (2020, December 3). Why its impossible to tame the tongue. *Crosswalk.com*.
<https://www.crosswalk.com/faith/bible-study/why-its-impossible-to-tame-the-tongue.html>
- Scott, S. L. (2020, November 13). Why does the Bible say our words overflow from our heart?. *Christianity.com*.
<https://www.christianity.com/wiki/bible/out-of-the-abundance-of-the-heart-his-mouth-speaks.html>
- Scott, S. L. (2020, September 14). How to rest in the Lord when your world is upside down. *Crosswalk.com*.
<https://www.crosswalk.com/faith/spiritual-life/how-to-rest-in-the-lord.html>
- Scott, S. (2014). "Marriage and family." *Journey Magazine*, XI (1), 14-15. Retrieved from <http://www.emmaus.edu/journey>

Book Reviews:

- Mark McMinn. *Psychology, Theology, and Spirituality in Christian Counseling*. Tyndale, 2011. In *Emmaus Journal*, XXII (1), 2013, 188.

Presentations:

- "Healthy and effective rhythms in the life of a professor," Christian Association for Psychological Studies Annual Conference, Louisville, KY, April 1, 2023.
- "Intentional program design with assessment in mind: A webinar by Weave Academy," Weave Webinar with Sheri Popp, Wednesday, March 22, 2023.
- "Understanding and Responding to Issues of Gender as the Church," Podcast with John Dabeck at Sandhills Church, February 1, 2023, Columbia, SC. <https://youtu.be/xVenCVU9csU>
- "Victorious Christian Living Amid Suffering: Addressing the Tension between Victory and Suffering," Plenary Session, January 31, 2023, *Church Refreshed*, Columbia International University, Columbia, SC.
- "Victorious Living Amid Suffering: Fostering Belonging in the Already and Not Yet," Breakout Session, January 31, 2023, *Church Refreshed Conference*, Columbia International University, Columbia, SC.
- "Don't Be Anxious: Defining our Affections and Dependencies in 2022," Plenary Session, November 14, 2022, Bethany Bible Chapel, Conway, SC.
- "Healthy and Effective Rhythms as a Professor," Lunch and Learn Event, November 11, 2022, Columbia International University, Columbia, SC.
- "Understanding Sex and Gender," Plenary Speaker, November 7, 2022, Crossroads Church, Columbia, SC.
- "Nonviolent Crisis Intervention Training," Library and University Staff Training, August 16-17, 2022, Columbia International University, Columbia, SC.
- "Supporting Health, Wellness, and Prevention through Understanding, Resources, and Referrals," Student Leadership Training, August 9 & 11, 2022, Columbia International University, Columbia, SC.
- "What is Christian Counseling with Dr. Seth Scott," Podcast with Lisa Mustard, July 14, 2022, <https://lisamustard.com/the-therapy-show/what-is-christian-counseling/>

- "Psychological Trauma and Homelessness," Webinar for Oliver Gospel Mission, Columbia, SC July 6, 2022.
<https://youtu.be/vwJ7IhR07s>
- "The Necessity of Integration for Holistic Counseling Practice," Gospel Rescue Mission Fellowship Conference Seminar, Morristown, NJ, April 23, 2022.
- "The Influence of a Supervisor's Worldview on Counseling," Columbia International University Supervisor Training Day, Columbia, SC, March 25, 2022.
- "Training Supervisors for Effective Trauma Treatment," Conference Presentation at Christian Association for Psychological Studies (CAPS) March 19, 2022, Virtual Conference.
- "Developing Character Virtue Standards for Strong Integration and Faith Formation," Co-Presented with Paul Loosemore and Glenda Nanna at Christian Association for Psychological Studies (CAPS) March 18, 2022, Virtual Conference.
- "Managing Crisis Situations," Clinical Supervision and Consultation Course for the South Carolina Clinical Mental Health Counselor Association (SCCMHCA), Three Rivers Behavioral Health, Columbia, SC, November 20, 2021.
- "Chart Your Course: Walking Worthy," Preview Weekend, Columbia International University, Columbia, SC, Oct. 23, 2021.
- "Is Empathy a Sin?", Interview and Discussion, Columbia International University, Columbia, SC, Sept. 2, 2021.
- "he|she|HIS Series Training," Group Leader Training for Radius Church, Lexington, SC, Sept. 1, 2021.
<http://radiuschurch.org/group-leader-guides/>
- "Student Leadership Training: Supporting Health, Wellness, & Prevention through Understanding, Resources, & Referrals," Mental Health and Crisis Management Training for Student Services at Columbia International University, Columbia, SC, August 10 & 12, 2021.
- "Admissions Department Training: Supporting Health, Wellness, & Prevention through Understanding, Resources, & Referrals," Mental Health and Crisis Management Training for Admissions and Advising Services at Columbia International University, Columbia, SC, July 30, 2021.
- "Managing Crisis Situations," Clinical Supervision and Consultation Course for the South Carolina Clinical Mental Health Counselor Association (SCCMHCA), Three Rivers Behavioral Health, Columbia, SC May 8, 2021.
- "Understanding & Addressing Abuse: Using Identity, Relationship, & Power for the Glory of God," Seminar for Streams of Water – India, April 28, 2021. <https://youtu.be/h38-QKyz5kY>
- "Pastoral Wellness: Modeling Margin & Wellness," Pastoral Care Luncheon for Columbia International University, Columbia, SC, April 14, 2021.
- "Supervising Trauma Treatment: Promoting Knowledge and Growth," Conference Training Seminar for Columbia International University and the Christian Mental Health Network, Columbia, SC, March 12, 2021
- "Don't Be Anxious, Riverbend," Seminar for Riverbend Church, Lexington, SC, March 9, 2021.
- "Loneliness: Strategies to reduce loneliness through belonging and relationship," Seminar for Faculty Development and Learning, Columbia International University, Columbia, SC, January 8, 2021.
- "What are you looking at?: Focus and direction for wellness in 2020," Virtual Conference Seminar for Christian Mental Health Network (CMHN), Columbia, SC, October 16, 2020.
- "Does God care we are perishing?: Maintaining peace and connection to God and others during chaos," Virtual Conference Seminar Session for the South Carolina Jurisdiction of the Church of God in Christ Virtual Triad and Holy Convocation 2020, Columbia, SC, August 7, 2020
- "Perceiving my feet: From slipping, to striding, to standing," Virtual Conference Seminar Session for the South Carolina Jurisdiction of the Church of God in Christ Virtual Triad and Holy Convocation 2020, Columbia, SC, August 6, 2020
- "Recalibrating amidst tension: Harmony, holism, hypervigilance, home, and hope," Plenary Session for the South Carolina Jurisdiction of the Church of God in Christ Virtual Triad and Holy Convocation 2020, Columbia, SC, August 6, 2020
- "Applying faith to life in 2020," Virtual Conference Plenary Session for the Church of God in Christ, Columbia, SC, June 11, 2020
- "Combating the Great Untruths with the Great Truths of Scripture," CIU Chapel Message, Columbia, SC, March, 2020
- "Balancing Discipleship & Gatekeeping in Counselor Education," Conference Seminar Presentation for Christian Association for Psychological Studies (CAPS), Atlanta, GA, March 14, 2020.
- "Teaching Emotional Regulation: Using a Reservoir & Dam Analogy for Skill-Building in Therapy," Academic Poster Presentation for Christian Association for Psychological Studies (CAPS), Dallas, TX, April, 2019.

- "Proclaiming Hope: The Critical Role for Faith-Based Schools in Counselor Education," Academic Poster Presentation for Christian Association for Psychological Studies (CAPS), Dallas, TX, April, 2019.
- "Fractured Therapists: Improving Integration of Faith & Practice," Academic Poster Presentation for Christian Association for Psychological Studies (CAPS), Norfolk, VA, April, 2018.
- "Stress, Fear, & Anxiety: Navigating Life Well," Seminar Session Presentation at Christian Missions in Many Lands (CMML) National 26 Below Midwest Conference, Dayton, IA, Feb., 2018.
- "Spiritual Doubt in Adolescence," Seminar Session Presentation at Iron Sharpens Iron International Conference, Dubuque, IA, May, 2017
- "Ancient Methods for Modern Parents," Plenary Speaker & Workshop Coordinator for Parenting Conference, Great Adventure Church, Dubuque, IA, March, 2016
- "Counseling Cretans: Helping those from the World in the Church," Seminar Session Presentation at Iron Sharpens Iron International Conference, Dubuque, IA, May, 2016
- "Sex, Social Media, & Self-Control: Understanding the Needs and Temptations of a New Generation," Seminar Session Presentation at Iron Sharpens Iron International Conference, Dubuque, IA, May, 2015
- "Counseling Adolescents," Seminar Session Presentation at Iron Sharpens Iron International Conference, Dubuque, IA, May, 2014
- "Where is Your Mission?" Plenary Speaker for Regional Awana Conference, St. Louis, MO, Sept., 2014
- "A Walk That's Worthy: Developing a Strong Spiritual Walk as a Youth" & "Can I Get a Witness: What Does It Mean to Be a Witness of Jesus as a Teen," Seminar Speaker for Regional Awana Conference, St. Louis, MO, Sept., 2014
- "The Impact of the Gospel on Addiction: Its Effect on Perception and Treatment," Seminar Session Presentation at Iron Sharpens Iron International Conference, Dubuque, IA, May, 2013
- "Depression and Anxiety in Children from a Christian Perspective" & "Conduct and Behavior Issues in Children," Seminar Presentation at Regional Women's Conference, Bethany Church, Rye, NH, Mar., 2009

COMPLETED EXAMINATIONS

National Counseling Exam, National Board for Certified Counselors, Inc.	May, 2007
National Clinical Mental Health Counselor Examination, NBCC	October, 2010
IC & RC Alcohol and Drug Counselor Examination	September, 2010

RECENT TRAININGS AND PROFESSIONAL DEVELOPMENT

<i>PESI: Integrate CBT and Exposure & Response Prevention for Treatment of GAD, Panic Disorder, OCD, Social Anxiety, & Phobias</i> 12.5 CE hours in Evidence-based anxiety response	2023
<i>PESI: Dialectical Behavioral Therapy Intensive Training Course</i> 25 CE hours in DBT and certification as C-DBT	2021
<i>PESI: Certified Clinical Trauma Professional, Live Webcast</i> 12.5 CE hours in trauma therapy and certification as CCTP	May 21-22, 2020
<i>Realigned, CAPS 2020 Conference, Atlanta, GA</i> Received 12.5 CE hours by attending plenary and track workshops at conference, provided conference seminar	2020
<i>Rise Up AACC World Conference, Nashville, TN</i> Received 15.75 CE hours by attending plenary and track workshops at the conference	2019
<i>REBT Primary Certificate in Pastoral Counseling, Southern Institute for Evidence Based Therapy</i> Completed primary certificate training and supervision for REBT delivery	2019
<i>Transformed, CAPS 2019 Conference, Dallas, TX</i> Received 12 CE hours by attending plenary and track workshops, presented two poster presentations	2019

<i>ReCertified Non-Violent Crisis Intervention Trainer</i> , Crisis Prevention Institute Completed two days of training to be recertified as an instructor of CPI's Non-Violent Crisis Intervention with both verbal de-escalation and physical intervention components.	2018
<i>Salt & Light, CAPS 2018 Conference</i> , Norfolk, VA Received 9 CE hours by attending plenary and track workshops at conference, provided poster presentation	2018
<i>Break Every Chain, AACC World Conference</i> , Nashville, TN Received 16 CE hours by attending plenary and track workshops at the conference	2017
<i>Breaking the Barriers: Poverty, Culture, Race, and Ethnicity</i> , Christian Association for Psychological Studies Completed 8.5 CE hours of training through attendance in 3-day conference.	2017
<i>Ethics & Risk Management and Couples Recovery 2.0</i> , Light University Completed 9 CE hours of training through online and video work.	2014
<i>Marriage Mentoring Certification Program</i> , American Association of Christian Counselors Completed 12 CE hours of Marriage Mentoring certification through video and exam.	2014
<i>Our Time is Now, AACC World Conference</i> , Nashville, TN Received 17.25 CE hours by attending Plenary and Track workshops at the conference	2013
<i>MATCH-ADTC</i> through the Judge Baker Children's Center & Harvard University Completed 6 days of training and continued supervised interventions for certification in the "Modular Approach to Treatment with Children – Anxiety, Depression, Trauma, Conduct to provide Evidence-based research treatment to children and their families in crisis	2011
<i>Trauma-Focused Cognitive-Behavioral Therapy</i> , partner in The National Child Traumatic Stress Network Completed 32 training hours and application of 8-part module to multiple clients who meet specific Posttraumatic Stress Disorder criteria through intensive in-home individual and family therapy work.	2010
<i>Childhood Traumatic Grief</i> , partner in The National Child Traumatic Stress Network Completed 6 hour training for grief education & skill-building	2010
<i>Treating Trauma and Attachment Issues in Children and Families</i> Learned attachment theory and how to utilize attachment communication training to reduce family conflict and trauma and enhance secure relationships.	2009

REFERENCES AVAILABLE UPON REQUEST